

## **Additional Information**

### **Current consultations**

#### **Place Making and Community Engagement Sign Up**

The way we are engaging with our residents is changing - and we want you to have your say

Place making is a process of community engagement where the opinions and desires of the community are used to inform the future of the places we live, work and play - and by getting involved and telling us what matters to you, we can make sure the voices of all Scottish Borders residents are heard.

Sign up to receive updates from Scottish Borders Council on community engagement events in your areas, to find out about active consultations, funding opportunities, and who to contact when you have an amazing idea to benefit your neighbourhood.

[Have Your Say - Placemaking and Community Engagement Sign Up - Scottish Borders Council - Citizen Space](#)

#### **Electric Vehicle Consultation**

With the clear commitments to deliver Net-Zero there are several key targets to hit over the coming 23 years. This will require a significant change in Local Authority, business and citizens travel habits and adoption of sustainable travel options like Electric Vehicles. To enable this to be a reality, the Scottish Borders is starting from a very low level of provision and must undertake a comprehensive review of how demand will develop across the region, how the electricity grid can cater for that demand and the commercial models available to deliver the infrastructure equitably across the region.

To give your views go to

[Electric Vehicle consultation - Scottish Borders Council - Citizen Space](#)

Survey closes June 24<sup>th</sup>

#### **School Meals Survey**

A good diet is essential for good health and it is important that children and young people are provided with a solid foundation for establishing healthy life-long eating habits. Although schools alone cannot be expected to address poor eating habits, schools can make a valuable contribution to improving the nutritional quality of diets and promoting consistent messages about healthy eating within a health promoting schools environment.

Since the introduction of the Healthy Eating in Schools 2020 regulations, which came into force in April 2021, we would like to gather more information around your thoughts on school meals and what we could improve on.

Please note that this survey is anonymous.

If you have a child(ren) in nursery a separate survey is being conducted.

[School Meals Survey 2022 - Scottish Borders Council - Citizen Space](#)

Survey closes: 30<sup>th</sup> June

### **Improving Mental Health in the Scottish Borders**

The Scottish Borders Joint Health Improvement Team (part of Public Health) is working with a multi-agency steering group of statutory and third sector partners to create a new three year action plan aiming to improve mental health and prevent suicide. This is not about our mental health services; it is about the things that help to prevent mental ill health and that promote good mental wellbeing.

This consultation will ask you to share any ideas that you have about improving the mental health and wellbeing of the Borders' population and preventing suicide.

[Improving Mental Health in the Scottish Borders - Scottish Borders Council - Citizen Space](#)

**Survey closes 3<sup>rd</sup> July**

### **Unpaid Carers Needs Assessment**

The purpose of the questionnaire is to ensure that Scottish Borders Health and Social Care Partnership make informed decisions about the services you may need to support you in your caring role. We recognise that as unpaid carers you may need to access support that provides you with opportunities to:

- have a break from the demands of the caring role
- have access to a life outside of caring
- ensure you can continue to provide care whilst maintaining your own health and wellbeing.

A carer is anyone who cares, unpaid, for a friend or family member who, due to illness, disability, mental health problem or an addiction, can't cope without their support.

You do **not** need to be in receipt of carers allowance to be recognised as an unpaid carer.

<https://www.nhsborders.scot.nhs.uk/get-involved/carers-needs-assessment-consultation/>

### **Community Empowerment:**

Currently, there are no formal Participation Requests being considered within the Cheviot area. SBC is currently working with and advising groups on requests for 4 asset transfer requests.

For information about the Community Empowerment (Scotland) Act 2015: [Parts of the Act | Community Empowerment \(Scotland\) Act 2015 | Scottish Borders Council \(scotborders.gov.uk\)](#)

### **Place Making**

A place based approach is about understanding the potential of a place and coordinating action to improve outcomes, with community participation at the heart of the process. For information, tools and resources on place based approaches visit [Our Place](#)

### **Area Partnerships' information pack:**

[Cheviot Area Partnership | Scottish Borders Council \(scotborders.gov.uk\)](#)

[Community engagement, planning and ownership | Area Partnership information pack | Scottish Borders Council \(scotborders.gov.uk\)](#)

### **Community Councils:**

Scottish Community Councils Latest News, including information about funding opportunities and national consultations:

[Community Council News](#)

### **Scottish Borders Council Meetings**

[Browse meetings - Scottish Borders Council - Scottish Borders Council \(modern.gov.co.uk\)](#)

### **Covid-19 vaccination programme**

[www.nhs.uk/scotborders/patients-and-visitors/covid-19-vaccination-programme/](http://www.nhs.uk/scotborders/patients-and-visitors/covid-19-vaccination-programme/)

### **NHS Borders website for current updates:**

<http://www.nhs.uk/scotborders/patients-and-visitors/coronavirus/>

### **Business support**

<https://www.scotborders.gov.uk/covid19business>

<https://findbusinesssupport.gov.scot/>

### **Debt Advice:**

[Citizens Advice Bureau](#)



Download the NHS  
Borders Money Worries  
App here

NHS Money Worries App – download from Google Play or the App Store

**General Funding:**

<https://fundingscotland.com/>

<https://www.tnlcommunityfund.org.uk/>

[Community grants and funding | Scottish Borders Council \(scotborders.gov.uk\)](#)

[SBC Community Fund](#)

[SBC Enhancement & Welfare Trust](#)

**Heating & energy:**

[www.scotborders.gov.uk/affordablewarmth](http://www.scotborders.gov.uk/affordablewarmth)

**NHS Borders Wellbeing Service:**

<http://www.nhsborders.scot.nhs.uk/patients-and-visitors/our-services/general-services/wellbeing-service/>

**NHS Borders Wellbeing Point:**

[www.nhsborders.scot.nhs.uk/wellbeingpoint](http://www.nhsborders.scot.nhs.uk/wellbeingpoint)

<https://www.rcot.co.uk/conserving-energy>

This includes pacing, fatigue management and some ideas about restarting gentle exercise

<https://www.yourcovidrecovery.nhs.uk/>

This covers most aspects, including information from physiotherapy and occupational therapy websites

<https://www.chss.org.uk/advice-line-nurses/>

Phone or email to access their support/advice